

## Subscribing & Listening to Feeds

### **What is a feed?**

A feed, also known as *RSS feed*, *XML feed*, *syndicated content*, or *web feed*, is frequently updated content published by a website. It is usually used for news and blog websites, but can also be used for distributing other types of digital content, including pictures, audio or video. Feeds can also be used to deliver audio content (usually in MP3 format) which you can listen to on your computer or MP3 player. This is referred to as *podcasting*.

### **How can I get automatically updated content?**

You can receive content automatically by subscribing to a web feed. When you subscribe to a web feed, you set the interval at which Internet Explorer will check the website for updates. Once you've set an interval, Internet Explorer will automatically download the most up-to-date web feed list.

### **To subscribe to a feed**

1. Click the **Subscribe to this Feed** button, and then click **Subscribe to this Feed**.
2. Type a name for the feed and select the folder to create the feed in.
3. Click **Subscribe**.

To view your subscribed feeds, click the **Favorites Center** button, and then click **Feeds**.

### **How can I view my feeds?**

You view feeds on the Feeds tab in the Favorites Center. To view your feeds, click the **Favorites Center** button, and then click **Feeds**.

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